## 10 Steps to Building a Spiritual Bank Account

***What is a Spiritual Bank Account?***

This is a very special account that holds our spiritual strength. When our Spiritual Bank Account is plentiful, we are aligned with God and His will for us. We constantly feel His presence and have a strong desire to live righteously and not let Him down. There is a desire to spend time with Him and get to know Him better. We have a deep appreciation for who He is and all that He has done for us in our lives.

In turn, we are constantly aware of His guiding light. Decisions can be made based on what we believe God wants us to do. Once we get used to having a closer relationship with Him, we will discern His voice and notice His "signs." We are then more attuned to His will for us. We also notice blessings, both large and small, that He keeps sending our way.

Having a strong Spiritual Bank Account can help us lower our levels of stress, fear, worry, and anxiety that, in turn, can lead us to feeling better mentally and physically. We have more inner strength to better manage life's challenges. It helps us get through trials and tribulations with an amazingly powerful partner, the Creator and Sustainer of the Universe, guiding us all the way.

***How to Begin Building a Spiritual Bank Account***

Building a Spiritual Bank Account can be an overwhelming task, which is why many people begin and do not follow through. It is important to take it one step at a time. This is a journey. God knows what is in our hearts!! If He sees we are trying our best, He will respond, and we will see positive changes in our lives.

That, in turn, makes us want to spend more time with Him. It creates

a very positive domino effect. It also creates feelings in us that we like

and we want them to continue.

I have the broken down the process into ten general steps. As time goes on, you will see that these steps all begin to meld together and intensify your relationship with God. They will become a part of you. Please see my course for a more detailed breakdown of many of the steps. Let’s get started.

1. Believe God is sovereign (in control) and live according to that

understanding. This step involves letting go of ego. The ego will try to pull us away from God and push us to believe we have control over our lives and can easily manage on our own. It has been said that ego stands for “Edging God Out.”

2. Surrender. When we surrender, we are saying, "God, You are in control.” We are willing to stop pretending we are in control. We are willing to say that thinking we are in control over our lives is only a perception. We are willing to let You do what You do best, run the universe, including our lives!

3. Have an ongoing attitude of extreme gratitude towards God. It helps to think about all of the wonderful things He has done and continues to do for us in our lives.

4. Strive to stay humble at all times.

5. Learn more about what God considers sin and do our best to avoid it. Repent often. As humans, we will sin (even if unintentional). God wants us to repent. Repentance is not just being sorry. It also means changing one's heart and one's ways.

6. Spend time with God reading His Word, meditating on His Word, memorizing verses, praying, and praising Him for the glorious God He is. Learn how to "talk" with Him by developing and maintaining constant communication with Him. By doing this, the more we will learn about His character, His love, His expectations, His likes and dislikes, His ways, and His promises to us. We will also begin to feel even more comfortable turning to Him first for guidance and comfort.

7. Slow down and take the time to make God a priority in our lives. We are called "human beings," but we are really "human doings." To please God, we need to "be" more and "do" less. It means prioritizing and giving up some of the time we spend on trivial time wasters. If we want to experience the wonderful things God has in store for us, we need to give Him the time and attention He deserves.

8. Attend church where the sermons are biblically based. These are great because they are inspirational and informative all in one. These places of worship are wonderful for finding those who are on similar paths. Interacting with like-minded people can be extremely inspiring.

9. Give of our time to help others. God wants us to have a servant's heart. By doing this we are glorifying Him. Remember, we are made in His image, and He is always doing for others.

10. Live for the glory of God. This sums up all of the above. When we do our best to follow these steps, we are living for God's glory. That means instead of living our lives in a worldly manner filled with materialism, immediate gratification, and self-indulgence, we are living in a way that gives God the adoration, respect, honor, praise, distinction, eminence, and reverence He clearly deserves. Need I say more.

If you desire to increase your Spiritual Bank Account, it is between you and God where to begin. I would suggest praying about it if you are looking for guidance. Give yourself some grace and avoid putting too much pressure on yourself as we sometimes tend to do when we begin a new undertaking. Take your time. Begin with baby steps. As you do that, you will begin to notice some positive changes in your relationship with God, and that can provide inspiration as you continue on your Godly path.