Help the Hurting

Good morning, Lord. We come humbly before You this morning to praise Your Holy Name, the Name above all Names. We open our hearts to You, our hearts that are overflowing with gratitude that You, the Creator and Sustainer of the Universe, the God who parted the Red Sea and raised Jesus and Lazarus from the dead, loves us so very much.

You loved us so much that You sent Your One and Only Son into the world so that we might have eternal life through Him. You loved us so much that You sent Your One and Only Son as a sacrifice to take away our sins. We come this morning to thank You, Lord God, for your gift of salvation. Thank You for filling us with Your Holy Spirit.

Help us, Father God, to feel Your love for us and to use that love to reach out to others who may not know You, or they may know You, but they may be in a valley, and they are not feeling Your love at the moment. We pray, Lord, that You will fill our hearts with a passion to reach out to others who may be hurting. Give us the motivation and confidence that only You can provide. Give us the willingness to make a choice to sacrifice our time, in order to pick up the phone to simply say “Hi, I’ve been thinking about you and I wanted to see how you are doing.”

Lead us to remember to pray before making that call, so we will feel at ease as Your words begin to flow through us, as You our Jehovah Rohi, our Mighty Shepherd, are on the phone line guiding our path. We are simply sheep dependent on You, Jesus, our Good Shepherd. We will listen for Your voice, the voice of comfort, peace, and wisdom as we live for your glory.

Teach us, Father God, how to let Your love flow through us, so those listening will feel the love and know it is truly heartfelt. Let Your Holy Spirit flow through our conversations and give us the appropriate words to touch their hearts and let them hear our sincerity. We pray that depending on what we hear on the other end, your Holy Spirit will give us just the right response, just what they needed to hear in order to lift their spirits.

Father God, strengthen our spiritual ears and let Your Holy Spirit teach us to be good listeners. Let Your Holy Spirit flow through us and give us the confidence to offer to pray for them and their needs, needs that only You, our Jehovah Jireh, our faithful Burden Bearer, our Great Comforter can fill. Let Your Holy Spirit flow through us, as we relay to those who are hurting that we serve a big God who is more than able to handle any situation, who hears our cries and feels our pain, who will never leave us nor forsake us.

Help us to remember that those who are in a valley may need to renew their minds. We pray that the appropriate words will flow from your Holy Spirit through us, words that can remind those in need that it is so important to focus on You, our awesome, amazing, unwavering God.

As difficult as it may be at the time, it is so important to get the focus of

our minds off our problems and remain focused solely on You Lord.

Let those in need understand the importance of crying out to You.

Help those in need be made aware that You tell us in Your Word, “You hear Your people when they call to You for help. You rescue them from

all their troubles. You go on to tell us, You are close to the brokenhearted, You rescue those whose spirits are crushed.”

Perhaps, Father God, we may be able to remind them that it is important to praise You even when we are in the valley. It is important to praise You and show our gratitude for all of the blessings You have bestowed upon us. Perhaps we can be the voice that can remind someone that Your ways are higher than our ways, your thoughts higher than our thoughts. Perhaps we can assure them that the plans You have for them are for good and not for disaster, to give them a future and a hope. Help us to remind them that You are the great Promise keeper, You are gracious in all You do. You help the fallen and lift those bent beneath their loads.

Father God, as we go about our business today, we pray that You will allow us to be ambassadors for You as You graciously allow Your words to flow through us. Help us to plant seeds of hope that will flourish. Allow those who are hurting to step out of their valley and be flooded with rays of sunlight overtaking the darkness and offering hope. You tell us in Malachi 4:2 “But for You who revere My name, the sun of righteousness will rise with healing in its wings.”

We adore You. We praise You. We give all honor and glory to You.

In Jesus’ precious name we pray. Amen